



FIREBIRDS TOASTMASTERS CLUB NEWSLETTER

Club News And Events

Club Number:
01378822
Club Name:
Firebirds
Toastmasters Club

May/2020

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Club Updates

Club Elections ★
Inviting all the members for the different positions in Executive Committee of the Club. Please send in your nominations by 11 June to :
tmc.firebirds@gmail.com

Achievements
We are now President's Distinguished Club as on 1st June 2020....yippee!!!

Upcoming Events
EC elections on 13th June
A module on pathways planned for June

Send Your Contribution:
Members please send your Contributions in form of articles, puzzles, facts or anything you wish to publish for next month edition for any of the columns to

tmc.firebirds@gmail.com



Team that eats together & grooms together !!!

Club Mission

We provide a supportive and positive learning experience in which members are empowered to develop communication and leadership skills, resulting in greater self-confidence and personal growth.

Words from President –TM Ayush Singh

Hello friends!! It's election time in our club, hence, this might be my last message as Club president. I wish all the luck to the competing members and hope we once again build an effective team and take our club to higher levels. All the best!!

New Firebirds

TM Jyoti Ahuja

Occupation: Working with Royal Bank of Scotland

Interest: Playing Scrabble/Sudoku, an avid reader of self help books, passionate about theatre, loves to stay fit by doing Yoga, running marathon or gym.

Reason to join Firebirds: I could not have gotten a better platform to increase my ability to think on my feet, to smoothly and confidently talk my way through tiny TED talks or as we say table topics. It's a great platform to meet people from different walks of life.

TM Aadil Mohan

Occupation: IT professional

Interest: Reading, running and listening to rap music

Reason to join Firebirds: Wanted to improve my presentation skills

Tips from Toastmaster

Relax

Breathe and stretch before taking the stage. Pause for a few seconds, smile and count to three before speaking.

Club Activities

Events and News

- We have a new Sergeant At Arms : our very new member TM Soham Seth.
- Firebirds is gearing up for a new Executive Committee for the following roles:
 - President
 - Vice president Education
 - Vice president Membership
 - Vice president Public Relations
 - Secretary
 - Treasurer
 - Sergeant at Arms



See you soon our Firebirds stress buster!! ❤️



In words of the members

TO DO List - TM Chandrika Dhruv

Ohh so many things to do.....why a day has only 24hours, how to finish all the work...I wish I could be a superwoman and finish everything in few seconds... I always had these questions in my mind and maybe it's the same with you all. Always frustrated with what I should do to complete the tasks in my hand but could not find a proper solution. Then one day TO DO LIST came in my life. It's not new but as much I remembered I never approached it this way. It all started a few years ago when I was doing my master's. Germans have a habit of using hardcopy planar instead of a mobile app which has almost replaced a small diary trend which we used to see a decade ago.

Before the To DO LIST, I was disorganized and unable to finish work which used to be important. I always had a thought that I wouldn't be able to finish all tasks, then what's the point of it making a list in my mind. We don't have supercomputer memory and eventually, we forget much important work. There is a psychological fact also that writing goals in a paper make your mind more prepared and tasks seem achievable. In my life, it brought planning, discipline, and time management.

Initially, I started to make a very long list but over time I realized that it needs to be realistic. Even if I am able to achieve 70% of the task from the list, it makes my day and eventually, I am able to complete many long-pending works. I could find time for my study/work, part-time job, hobbies, chat with family and friends, household chores, me-time all within 24 hours in a day. It also helped me to get access to where I can curtail time so that I can accommodate new activities as well as unplanned leisure time.

I achieved a sense of accomplishment in daily life and developed a good habit which made my life easier, eliminated jargons, and reduced burning out. Developing a habit takes time, sometimes years. There is always one's constant struggle against the feeling of whether it is working or not? But we need to bring more effort and patience. Once it becomes a habit, it becomes an inseparable part of our life. What are you waiting for now???

Story of the month

Discovering in Lockdown- by TM Mohit Sharma

In wake of outbreak of COVID – 19 and same being declared as pandemic, Government of India has imposed 21 days nationwide lockdown. Companies are encouraging employees to opt WFH during the lockdown period. The concept WFH has dual abbreviation i.e. Work from Home, Work for Home. People are pursuing Work from Home as well as Work for Home simultaneously. I am no exception to this. Despite the exorbitant office workload, I am discovering a lot during these unprecedented times as follow:

- I have started brushing up my technical skills like advanced excel, advanced powerpoint, power query, power BI etc. I have realized that Microsoft has so much to offer. These advanced tools are not only bringing accuracy to the table but also ensuing robust productivity. Since, there is a paradigm shift in version of MS-Office from erstwhile Office 2003 to latest Office 365. I take a trip down memory lane when I learned elementary office 2003 in the school. Today, I felt how farthest I have come. Microsoft tools are evolving on account of arousing intricacies and demands from client. One would expect to stay in the race by learning with change in demands.
- Advanced communication is the need of the hour. I have started penning down three new vocabularies on a daily basis. I believe this is a baby step but it's a step in the right direction. My fellow toastmasters are providing level playing field to newcomers. Consequently, I'm using these words in our club meeting. At times, I felt that my pronunciation has gone for a toss. Nevertheless, the tone of feedback is so much incentivizing; I always desire to bounce back with perfection.
- I have started doing basic cooking for my family. Though I am an amateur cook. I have prepared the foods with best of my ability. It has resulted in putting a smile on the faces of my family members.

Sometimes, discovering new things do make a huge difference in our life. Above examples are discoveries of undiscovered so far in the lockdown period.



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